



CITY OF WOODINVILLE PROCLAMATION

- WHEREAS,** behavioral health is an essential part of one's overall health and wellness; and
- WHEREAS,** the COVID-19 pandemic has had, and continues to have, a profound effect on mental health and substance use, with increasing numbers of people experiencing anxiety, depression, and loneliness; and
- WHEREAS,** an estimated 575,000 people in King County are affected by these conditions; and
- WHEREAS,** preventing and overcoming mental and substance use disorders is essential to achieving healthy lifestyles for individuals, families, and entire communities; and
- WHEREAS,** connection and community are critical components of recovery in our local area and across the nation; and
- WHEREAS,** we must encourage relatives, friends, and neighbors of people with mental and/or substance use disorders to recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and
- WHEREAS,** prevention of mental health and substance use disorders works, treatment is effective, and recovery is possible; and
- WHEREAS,** to help more people achieve and sustain recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), King County, and the City of Woodinville invite all residents of Woodinville to participate in National Recovery Month; and

NOW, THEREFORE, I, Mayor Mike Millman, by virtue of the authority vested in me by the laws of the City of Woodinville, do hereby proclaim the month of September 2022 as,

NATIONAL RECOVERY MONTH

in Woodinville and call upon the people of Woodinville to observe this month with appropriate programs, activities, and ceremonies to support National Recovery Month.

Signed this 13th day of September 2022.

Mayor Mike Millman