



# CITY OF WOODINVILLE PROCLAMATION

**WHEREAS**, behavioral health is an essential part of one's overall health and wellness; and

**WHEREAS**, prevention of mental and substance use disorders works, treatment is effective, and people recover in our area and around the nation; and

**WHEREAS**, preventing and overcoming mental and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

**WHEREAS**, an estimated 400,000 people in King County are affected by these conditions; and

**WHEREAS**, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

**WHEREAS**, we recognize four dimensions of recovery from mental health and substance use disorders: health, home, purpose, and community; and

**WHEREAS**, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), King County, and the City of Woodinville invite all residents of Woodinville to participate in ***National Recovery Month (Recovery Month)***; and

**NOW, THEREFORE**, I Mayor Elaine Cook, by virtue of the authority vested in me by the laws of the City of Woodinville, do hereby proclaim the month of September 2020 as

## NATIONAL RECOVERY MONTH

In Woodinville and call upon the people of Woodinville to observe this month with appropriate programs, activities, and ceremonies to support King County's ***Recovery Month*** theme, "***Rising Above it All: Wellness, Resilience & Recovery.***"

**In Witness Whereof**, I have hereunto set my hand this twenty-sixth day of August, in the year of our Lord two thousand twenty, and of the Independence of the United States of America the two-hundred and forty-fourth.

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Elaine Cook, Mayor  
City of Woodinville